

CLARKSVILLE

Mon 7:00PM Easy Does It Group, project church, 312 west main st, Clarksville, AR, 72830 (O,BT,WC)

Fri 7:00PM Easy Does It Group, project church, LAST FRIDAY OF THE MONTH THE MEETING WILL MEET AT 6 TO EAT THEN REGULAR MEETING FOLLOWING AT 7, 312 west main street, Clarksville, AR, 72830 (O,WC)

DARDANELLE

Mon 7:00PM New Start Group, Church of Christ, 209 Union St., Dardanelle, AR, 72834 (O,WC,LT)

Tue NOON New Start Group, Dardanelle Community Center, 2011 Hwy 22, Dardanelle, AR, 72834 (O,WC)

Tue 7:00PM New Start Group, Church of Christ, 209 Union, Dardanelle, AR, 72834 (O,D,WC)

Thu NOON New Start Group, Dardanelle Community Center, 2011 Hwy 22, Dardanelle, AR, 72834 (O,WC)

Thu 8:00PM New Start Group, Church of Christ, 209 Union, Dardanelle, AR, 72834 (O,D,WC)

FORT SMITH

Sun NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

Sun NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,WC)

Sun 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CL,D)

Sun 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CL,CS,WC)

Mon NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

Mon NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,WC)

Mon 6:00PM RAW Group, 516 North 11th Street, Fort Smith, AR, 72901 (O,IW,WC)

Mon 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

Mon 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,WC,BK)

Tue NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

Tue NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,WC)

Tue 6:00PM Yellow Frogs Resurrection, 514 North 11th Street, Fort Smith, AR, 72901 (O,D)

Tue 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,CS)

Tue 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,SG,St,WC,BK)

Wed NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

Wed NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,WC)

Wed 6:00PM RAW Group, 516 North 11th Street, Fort Smith, AR, 72901 (O,SG,WC)

FORT SMITH (CONT)

Wed 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

Wed 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,WC)

Thu NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,D,Sm)

Thu NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,D,WC)

Thu 6:00PM RAW Group, 516 North 11th Street, Fort Smith, AR, 72901 (O,WC,LT) Step writing or sponsor assignment for first 35 minutes, followed by open sharing.

Thu 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O,D,Sm)

Thu 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,Tr,WC)

Fri NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

Fri NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,IW,WC)

Fri 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

Fri 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,SD,WC)

Sat NOON Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

Sat NOON Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,D,WC)

Sat 6:00PM Yellow Frogs Resurrection, 514 North 11th Street, Fort Smith, AR, 72901 (O,D)

Sat 6:30PM Grateful Heads Group, 1321 Knoxville Street, Fort Smith, AR, 72901 (O)

Sat 8:00PM Straight Forward Group, 514 North 11th Street, Fort Smith, AR, 72901 (O,CS,WC)

Sat 10:00PM Yellow Frogs Resurrection, 514 North 11th Street, Fort Smith, AR, 72901 (O,D)

PERRYVILLE

Thu 6:00PM Perryville County Recovery, 214 South Pine Street, Perryville, AR, 72126 (O,St)

Fri 6:00PM Perryville County Recovery, 214 South Pine Street, Perryville, AR, 72126 (O,St)

Sat 2:00PM Perryville County Recovery, 214 South Pine Street, Perryville, AR, 72126 (O,St)

POTEAU

Thu 7:00PM Hardcore Group, Court House Annex, 103 Church Street, Poteau, OK, 74953 (O,D,WC)

RUSSELLVILLE

Sun 6:00PM Friends for Freedom Group, Shiloh Missionary Baptist Church, 4060 N. Arkansas Hwy 7, Russellville, AR, 72801 (O,LT)

Thu 6:00PM Friends for Freedom Group, Shiloh Missionary Baptist Church, 4060 N. Arkansas Hwy 7, Russellville, AR, 72801 (O,LT)

VAN BUREN

Sun 7:00PM New Way Group, Veteran's of Foreign War Hall, 23 North 20th Street, Van Buren, AR, 72956 (O,CL,D,WC)

Tue 7:00PM New Way Group, Veteran's of Foreign War Hall, 23 North 20th Street, Van Buren, AR, 72956 (O,CL,D,WC)

Thu 7:00PM New Way Group, Veteran's of Foreign War Hall, 23 North 20th Street, Van Buren, AR, 72956 (O,CL,D,WC)

MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
CL	Candlelight	CS	Children under Supervision
D	Discussion	IW	It Works -How and Why
LT	Literature Study	O	Open
SD	Speaker/Discussion	SG	Step Working Guide
Sm	Smoking Permitted	St	Step
Tr	Tradition	WC	Wheelchair

PHONE NUMBERS**NARCOTICS ANONYMOUS****ARKANSAS RIVER VALLEY AREA****MEETING LIST
MAY 2024**

**www.arscna.org
(888) 501-1607**

SUGGESTIONS FOR EVERYONE

DON'T USE. Go to a meeting instead.

Go to a meeting even if you used that day.

Go to 1 meeting a day, 90 in 90 days.

Come to meetings early. Stay late.

Get a home group.

Avoid people, places, things you used with.

Find and use a sponsor.

Use the PHONE. Call someone instead of using.

Find a Higher Power that is loving, caring, and greater than you are.

Read NA Basic Text & NA literature EVERYDAY.

Always put your recovery FIRST.

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**

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